



DRESS CODE 2022-2023

	Lower School Grades K-6	Upper School Grades 7-12
Bottoms	<ul style="list-style-type: none"> • Navy, khaki, and grey uniform style pants, shorts, skirts, and jumpers. Bottoms may have elastic waist. • Plain, Uniform Style (no cargo, graphics, stripes, etc) • Belt optional • Tucked shirts optional 	<ul style="list-style-type: none"> • Navy, khaki, and grey uniform style pants, shorts, and skirts • Plain Uniform Style (no cargo, graphics, stripes, etc) • Belt optional • Tucked shirts optional • No jeans or jean-like materials (ex: gray-washed jeans) • No black pants
Tops	<ul style="list-style-type: none"> • White, powder blue, golden yellow short-sleeved and long-sleeved polo shirts • Iron on logo for sale by the school or local vendors (vendor list provided by ACS) • Logo to be on the left-hand side over the heart. 	<ul style="list-style-type: none"> • White, powder blue, golden yellow, navy, and gray short-sleeved and long-sleeved polo shirts • Iron on logo for sale by the school or by local vendors (vendor list provided by ACS) • Logo to be on the left-hand side over the heart. • ACS Spiritwear (ex: class t-shirts, UNITED t-shirts, extracurricular organizations, athletics) • Spirit wear must be obtained through the school. You cannot make your own spirit wear.
PE	<ul style="list-style-type: none"> • On physical education days only • Navy blue shorts and sweatpants • White, powder blue, and golden yellow t-shirts with school logo on left hand side over the heart and sweatshirts (optional) • Sneakers 	<p><u>7th/8th:</u></p> <ul style="list-style-type: none"> • On physical education days only • Navy blue shorts and sweatpants • White, powder blue, golden yellow, navy, and gray t-shirts with school logo on the left-hand side over the heart and sweatshirts (optional) • Sneakers <p><u>High School</u></p> <ul style="list-style-type: none"> • Students change for PE • Sneakers • Gym clothing
Footwear	<ul style="list-style-type: none"> • Shoes must be enclosed, fastened/tied properly, and have rubber soles (ex: sneakers, boots, flats) • Heels are to be no higher than 1". • Shoes with wheels or lights are not permitted • Any color socks and tights 	<ul style="list-style-type: none"> • Shoes must be enclosed, fastened/tied properly, and have rubber soles (ex: sneakers, boots, flats) • Heels are to be no higher than 1". • Shoes with wheels or lights and slippers are not permitted • Any color socks and tights • No slides or backless shoes allowed • Crocs must have back strap around heel

Outerwear	<ul style="list-style-type: none"> Navy and grey sweaters, vests, sweatshirts, and fleece jackets with ACS logo on the left-hand side over the heart. Solid Navy, no graphics or designs or stripes. Students can wear outerwear of choice if engaging in/transitioning to outdoor activities Hoods cannot be up during the school day at any time 	<ul style="list-style-type: none"> White, powder blue, golden yellow, navy, and gray sweaters, vests, sweatshirts, and fleece jackets with ACS logo on the left-hand side over the heart. Solid color, no graphics or designs. Students can wear outerwear of choice if engaging in/transitioning to outdoor activities Hoods cannot be up during the school day at any time ACS athletics outerwear
Accessories	<ul style="list-style-type: none"> No hats, caps, sunglasses in the building. 	<ul style="list-style-type: none"> No hats, caps, sunglasses in the building. No bandanas. No blankets
Dress Down Days - Students Can Wear:		Dress Down Days - Students Can't Wear:
Jeans/Sweatpants (no rips, tears, or holes) or uniform pants		Tank tops or crop tops
Skirts and shorts of appropriate length		Clothing with any cut outs including ripped jeans
Relaxed tops that include appropriate t-shirts, long sleeve shirts or spirit wear		Clothing with any inappropriate graphics or text (no reference to swears, violence, drugs, alcohol, tobacco, or offensive language)
Standard uniform shoes		See-through clothing
Hooded sweatshirts can be worn, but hoods must remain off of head at all times		Hats of any kind
		Open-toed shoes, sandals, or slides

ACS-Iron on Logo Instructions:

Logo can only be applied to 100% cotton, or Polyester/Cotton Blend or 100% Polyester

Heat Iron w/steam

Place logo on clothing on the upper left side of the garment – See picture

Make sure to read the following before beginning the next steps

1. Heat the area where you will be applying the logo.
2. Put the Iron on transfer on the clothing – the white backer should be facing you. **You should not see the logo.**
3. To protect the clothing since you need to apply heat for a while to ensure the logo adheres to the garment, place another piece of material over the logo to avoid scorching/burning the material.
4. Place the hot iron on the white backer firmly and
5. press/iron for at least 35-45 seconds. Polyester requires less time-due to the fact that the iron will leave a mark.
6. Remove the white backing while hot – do not allow to cool
7. Turn the garment over and iron over area logo was applied. This will help with adhering the logo to the garment.



Logo's must be applied to tops being worn in the building during the school day which include shirts, t-shirts for gym/PE in grades K-8, jumpers, shirt dresses and sweatshirts

Atlantis is not responsible for damaged clothing due to applying the Iron on Logo.